

Fashion



BY RICHARD CALCASOLA

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“Begin AT THE Skin”

A AHHH, SPAHHH... Sun... Fun... Spring... Flowers... and You! Doesn't that sound good? Can you imagine how that feels? A breath of fresh air. Finally, a departure from the gloom and doom of the winter economy, and life style changes.

Spring fashion, beauty events, and trendsetters have been talking about the gray mood; gray fabrics, gray interior designs that were safe and conservative. They were not talking about gray hair! Hair color in all kinds of beautiful hues can pick up your mood and wardrobe and provide a fabulous, feel good energy. Hair colorists are dyeing to lift your spirits and make you feel new and vibrant. Your hair color choices should be dictated by your lifestyle, complexion, and eye color, which in turn help make the right color choices in your wardrobe. Sometimes the simplicity of a few highlights strategically placed can do just what you need without going all the way.

“Breaking-the-base” is a wonderful technique that extends the time between services of hair color and is just

enough to lighten your overall look.

There's no such thing as great hair color without a stunning hairstyle. You can't have one without the other. Sexy long hair that has details in the new bangs, wavy Hollywood hair that's chin length to shoulder, straight hair, short and sexy, think Victoria Beckham, daring and trendy...it's all good.

Too much sun can play havoc with your skin and hair. It's very important to protect both. All of us have had at least one catastrophe of too much sun resulting in bright red peeling skin. I have endured those experiences with both my daughters. So, begin at the skin. Visit your favorite spa for an analysis and a prescription for the best skin care protection.

To that end, have fun, look your best and remember, change will keep you current. Reserve some time for yourself by starting the season with a bang, no pun intended!

Go to www.maximusspasalon.com for more information or shop for gift certificates.●

“PUT SPIRIT IN YOUR Hair”